

Idalia Breakfast Menu September 2017

A selection of milk offered daily----Fruit and juice offered daily----A variety of cereal offered daily.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	No School
4	No School	5	Fruit and Yogurt Parfait	6	Bagels Scrambled Eggs	7	Breakfast Burrito Build Your Own Yogurt	8	Breakfast Round Frittata of the Day
11	Muffins Scrambled Eggs Yogurt	12	Fruit and Yogurt Parfait	13	Bagels Scrambled Eggs	14	Breakfast Burrito Build Your Own Yogurt	15	Breakfast Round Frittata of the Day
18	Muffins Scrambled Eggs Yogurt	19	Fruit and Yogurt Parfait	20	Bagels Scrambled Eggs	21	Breakfast Burrito Build Your Own Yogurt	22	Breakfast Round Frittata of the Day
25	Muffins Scrambled Eggs Yogurt	26	Fruit and Yogurt Parfait	27	Bagels Scrambled Eggs	28	Breakfast Burrito Build Your Own Yogurt	29	Breakfast Round Frittata of the Day

This institution is an equal opportunity provider.

Idalia Lunch Menu September 2017

Fruits and vegetables offered daily----A selection of milk is offered daily----Menu is subject to change.

MONDAY		TUESDAY		Wednesday		THURSDAY		FRIDAY	
	Menu is subject to change. *HOMEMADE		Dessert on Friday only.		Salad Bar everyday.			1	No school
4	No School	5	Shepherd's Pie * Dinner Roll*	6	Chicken Sandwich Coleslaw*	7	Fajitas * Refried Beans*	8	Spaghetti w/Optional Meat *and Homemade Marinara Sauce*
11	Philly Cheesesteak* Sandwich Baked Sun Chips	12	Chicken Nuggets Broccoli w/ Cheese*	13	Chipotle BBQ Pulled Pork* Baked Beans	14	Beef Burrito w Green Chili* Refried Beans*	15	Pizza-Cheese or Pepperoni Green Beans*
18	Lasagna* Garlic Bread	19	Orange Chicken* Veggie Fried Rice*	20	Chicken Sandwich w/Parmesan Optional* Pasta Salad*	21	Shredded Pork Tacos* Chips & Salsa*	22	Cheesy Nachos w/Meat Option Spicy Bean Salad*
25	Salisbury Steak* w/Mashed Potatoes/Gravy Dinner Roll*	26	Spice Rubbed Chicken* Garlic Bread	27	HB/CB Steak Fries*	28	Chicken Enchiladas Arroz con elote Rainbow Bean Salad*	29	Pizza Cheese or Pepperoni Green Beans*