

IDALIA LUNCH MENU OCTOBER 2018

Salad bar/Fruits and vegetables offered daily----A selection of milk is offered daily----Menu is subject to change.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Meatball Sub Corn*	2	Chicken Alfredo* Garlic Bread*	3	PBJ Sandwich Baked Sun Chips Chicken Salad*	4	Tacos* Arroz Con Elote* Spicy Bean Salad*	5	No School
8	No School	9	HB/CB* Steak Fries*	10	Chicken Sandwich Coleslaw*	11	Fajitas* Refried Beans*	12	Spaghetti w/ Meat Sauce Option*
15	Philly Cheesesteak Sandwich* Baked Sun Chips	16	Chicken Fried Steak* Mashed Potatoes/Gravy*	17	Chipotle BBQ Pulled Pork* Baked Beans	18	Beef Burrito* w/Green Chili Refried Beans*	19	Pizza Cheese or Pepperoni Green Beans*
22	Lasagna* Garlic Bread	23	Orange Chicken* Veggie Fried Rice	24	Parmesan Chicken Sandwich or Plain Option* Pasta Salad*	25	Shredded Pork Tacos* Chips and Salsa*	26	Cheesy nachos* w/Ground Beef Option Spicy Bean Salad*
29	Salisbury Steak* Mashed Potatoes Gravy Dinner Roll*	30	Spiced Rub Chicken* Garlic Bread	31	Chicken Nuggets Broccoli w/Cheese*		Menu is subject to change. *HOMEMADE		Dessert on Friday <u>only</u>

This institution is an equal opportunity provider.

Idalia Breakfast Menu October 2018

A selection of milk offered daily----Fruit and juice offered daily----A variety of cereal offered daily.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Breakfast Pizza Yogurt	2	Oatmeal Bar Build Your Own	3	Biscuits & Gravy Scrambled Eggs	4	Banana Bread Yogurt	5	No School
8	No School	9	Build Your Own Fruit and Yogurt Parfait	10	Bagels Boiled Eggs	11	Breakfast Burrito Build Your Own Yogurt	12	Breakfast Round Frittata of the Day
15	Breakfast Pizza Yogurt	16	Oatmeal Bar Build Your Own	17	Biscuits & Gravy Scrambled Eggs	18	Banana Bread Yogurt	19	Toast Hash Brown Casserole
22	Muffins Yogurt	23	Fruit and Yogurt Parfait Build Your Own	24	Bagel Boiled Egg	25	Breakfast Burrito Build Your Own Yogurt	26	Breakfast Round Frittata of the Day
29	Breakfast Pizza Yogurt	30	Oatmeal Bar Build Your Own	31	Biscuits & Gravy Scrambled Eggs				

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