

Idalia Breakfast Menu October 2017

A selection of milk offered daily. -----Fruit and juice offered daily. -----A variety of cereal offered daily.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	Muffins Scrambled Eggs Yogurt	3	Fruit and Yogurt Parfait	4	Bagels Scrambled Eggs	5	Breakfast Burrito Build Your Own Yogurt	6	No School
9	No School	10	Fruit and Yogurt Parfait	11	Bagels Scrambled Eggs	12	Breakfast Burrito Build Your Own Yogurt	13	Breakfast Round Frittata of the Day
16	Muffins Scrambled Eggs Yogurt	17	Fruit and Yogurt Parfait	18	Bagels Scrambled Eggs	19	Breakfast Burrito Build Your Own Yogurt	20	Breakfast Round Frittata of the Day
23	Muffins Scrambled Eggs Yogurt	24	Fruit and Yogurt Parfait	25	Bagels Scrambled Eggs	26	Breakfast Burrito Build Your Own Yogurt	27	Breakfast Round Frittata of the Day
30	Muffins Scrambled Eggs Yogurt	31	Fruit and Yogurt Parfait						

This institution is an equal opportunity provider.

Idalia Lunch Menu October 2017

Fruits and vegetables offered daily. -----A selection of milk is offered daily. -----Menu is subject to change.

MONDAY		TUESDAY		Wednesday		THURSDAY		FRIDAY	
2	Meatball Sub Buttered Corn	3	Chicken Alfredo* Garlic Bread	4	PbJ Sandwich Baked Sun Chips	5	Tacos(Hard Shell)* Arroz Con Elote* Spicy Bean Salad*	6	No School
9	No School	10	Shepherd's Pie * Dinner Roll*	11	Chicken Sandwich Coleslaw*	12	Fajitas * Refried Beans*	13	Spaghetti W/Optional Meat *And Homemade Marinara Sauce*
16	Philly Cheesesteak* Sandwich Baked Sun Chips	17	Chicken Fried Steak Mash Potatoes & Gravy*	18	Chipotle BBQ Pulled Pork* Baked Beans	19	Beef Burrito W Green Chili* Refried Beans*	20	Pizza Cheese Or Pepperoni Green Beans*
23	Lasagna* Garlic Bread	24	Orange Chicken* Veggie Fried Rice*	25	Chicken Sandwich W/Parmesan Optional * Pasta Salad*	26	Shredded Pork Tacos* Chips & Salsa*	27	Cheesy Nachos W/Meat Option Spicy Bean Salad*
30	Salisbury Steak* W/Mash Potatoes/Gravy Dinner Roll*	31	Spice Rub Chicken* Garlic Bread				Menu is subject to change *HOMEMADE		Dessert on Friday <u>only</u>

Salad Bar Offered Daily.