

Idalia Breakfast Menu September 2018

A selection of milk offered daily----Fruit and juice offered daily----A variety of cereal offered daily

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
3	No school	4	Oatmeal bar Build your own	5	Biscuits & gravy Scrambled eggs	6	Banana bread yogurt	7	Toast Hash brown casserole
10	Muffins Scrambled eggs	11	Build your own fruit and yogurt parfait	12	Bagels Boiled eggs	13	Breakfast burrito Build your own yogurt	14	Breakfast round Frittata of the day
17	Breakfast pizza yogurt	18	Oatmeal bar Build your own	19	Biscuits & gravy Scrambled eggs	20	Banana bread Yogurt	21	Toast Hash brown casserole
24	Muffins yogurt	25	Fruit and yogurt parfait build your own	26	Bagel Boiled egg	27	Breakfast burrito Build your own yogurt	28	Breakfast round Frittata of the day

This institution is an equal opportunity provider.

Idalia Lunch Menu September 2018

Fruits and vegetables offered daily----A selection of milk is offered daily----Menu is subject to change

MONDAY		TUESDAY		Wednesday		THURSDAY		FRIDAY	
3	No school	4	Shepherd pie* Dinner roll*	5	Chicken sandwich Coleslaw*	6	Fajitas* Refried beans*	7	Spaghetti w/meat sauce option*
10	Philly Cheesesteak sandwich* Baked sun chips	11	Chicken fried steak Mash potatoes /gravy*	12	Chipotle BBQ pulled pork* Baked beans	13	Beef burrito w/ green chili* refried beans*	14	Pizza cheese or pepperoni green beans*
17	Lasagna* Garlic bread	18	Orange Chicken* Veggie fried rice*	19	Parmesan chicken sandwich or plain option* Pasta salad*	20	Shredded pork tacos* Chips and salsa *	21	Cheesy nachos w/ ground beef option* spicy bean salad*
24	Salisbury steak* Mash potatoes/ Gravy/dinner roll	25	Spiced rub chicken Garlic bread	26	Chicken nuggets Broccoli w/ cheese	27	Chicken Enchiladas Arroz con elote* Rainbow bean salad*	28	Pizza Cheese or pepperoni Green beans*
							Menu is subject to change *HOMEMADE		Dessert on Friday <u>only</u>

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