

## Idalia Breakfast Menu October 2021

A selection of milk offered daily----Fruit and juice offered daily----A variety of cereal offered daily

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
								1	Mini Waffles Scrambled Eggs
4	Muffin Smoothie	5	Breakfast Burrito	6	Biscuits & Gravy	7	Bagel Yogurt	8	No School
11	No School	12	Quesadilla Yogurt Parfait	13	Bacon Egg & Cheese Biscuit	14	Banana Bread Yogurt	15	Mini Waffles Scrambled Eggs
18	Muffin Smoothie	19	Breakfast Burrito	20	Biscuits & Gravy	21	Bagel Yogurt	22	Breakfast Round Breakfast Casserole
25	Breakfast Pizza Smoothie	26	Quesadilla Yogurt Parfait	27	Bacon Egg & Cheese Biscuit	28	Banana Bread Yogurt	29	Mini Waffles Scrambled Eggs

**This institution is an equal opportunity provider**

## Idalia Lunch Menu October 2021

Fruits and vegetables offered daily----A selection of milk is offered daily----Menu is subject to change

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	<b>Dessert On Friday Only/Homemade *</b>							1	Mac & Cheese* Fruit/Vegetables
4	Hb/Cb* Steak Fries* Vegetables/Fruit	5	Beef Tostada & Beans* Fruit/Vegetables	6	Chicken Sandwich* Coleslaw* Fruit/Vegetables	7	Fajitas* Refried Beans* Fruit/Vegetables	8	No School
11	No School	12	Chicken Fried Steak* Mashed Potatoes & Gravy Fruit/Vegetables	13	Pulled Pork Sandwich Baked Beans* Fruit/Vegetables	1 4	Beef Burrito* W/Green Chili* Refried Beans* Fruit/Vegetables	15	Pizza* Green Beans* Fruit/Vegetables
18	Mac N Cheese* Roasted Broccoli* Fruit/Vegetables	19	Lasagna* Garlic Bread Fruit/Vegetables	20	Chicken Strips Broccoli Salad Fruit/Vegetable	2 1	Pork Tacos* Chips & Salsa* Fruit/Vegetable	22	Nachos* Beans Salad Fruit/Vegetables
25	Chicken* Garlic Bread Fruit/Vegetables	26	Salisbury Steak w/Mashed Potatoes/Gravy* Roll Fruit/Vegetables	27	Chicken Nuggets* Broccoli & Cheese Fruit/Vegetables	2 8	Shredded Beef Tacos Chips & Salsa* Fruit/Vegetables	29	Pizza Green Beans* Vegetables/Fruit