

# Can I Go to School Today?

## At Home Symptom Screening for Parents and Staff

Guidance from health officials recommends screening for all students and staff **before** leaving their house each morning as the best practice to ensure the lowest risk for virus transmission.

If any of the symptoms listed below are present, students/staff should remain at home and parents are encouraged to consult with their health care provider regarding next steps.

- Fever of 100.4 or higher
- New or unexplained persistent cough
- Shortness of breath
- Difficulty breathing
- Loss of taste or smell

*\*These guidelines are in addition to regular school guidance (for example, a child who is vomiting should not attend school based on usual school guidance and common sense).*

*\*\*Students/staff should not be kept home for usual symptoms they experience due to a chronic condition unless they are worse than usual.*



# Staying Home When Sick

**Green Zone:** Do you have 1 or more major symptom?



**Yellow Zone:** Do you have any major or minor symptoms?



**\*A physician order will supersede the above guidelines\***

IF TESTED WITH POSITIVE RESULTS: MUST meet all of the following:

1. Isolate for a 10 days from date symptoms started.
2. Must be fever free for 24 hour without using fever reducing medications.
3. Symptoms have improved or resolved.

If EXPOSED: Quarantine for 14 days.

**MAJOR SYMPTOMS**

Fever 100.4 or higher  
Loss of taste and smell  
New/Unexplained cough  
Shortness of Breath

**MINOR SYMPTOMS**

Sore Throat                      Fatigue  
Runny nose/congestions      Nausea/Vomiting  
Body Aches                        Diarrhea  
Headache