



## FEBRUARY BOARD MEETING MINUTES

On February 17 the Board meeting was called to order at 6:55 p.m. Those in attendance included Board Members Ken Brenner, Amber Hardwick, Kyle Kite, Jessica Towns, Dustin Weyerman, Superintendent Myles Johnson, Business Manager Autumn Helling, and Assistant Principal Kristi Minor.

Following the Pledge of Allegiance, the Agenda was approved. Next the January 20 Minutes were approved. The Business Service Reports were then presented and approved. Mrs. Minor then gave her Principal's Report where a student discipline update was shared. Mr. Johnson then shared his Superintendent's Report, where mid-year NWEA/MAPS assessment data was shared and discussed.

Under "Discussion/Action Items" the Board approved the cancellation of school on 1/27 due to inclement weather. Next the Board approved the sale of a bus, along with the purchase of a new bus. The 2021-2022 School Calendar was approved as presented.

The Board approved first reading of policies GCGB-R and GCBC-E. Under "Personnel", the Board approved an updated substitute list. Under "Policy" the 2<sup>nd</sup> reading of 2021-2022 Teacher Salary Schedule, policy GCBA-E, was approved. The meeting was adjourned at 7:30 p.m. and next meeting set for 7 p.m. on March 10, 2021. *Submitted by Myles Johnson, Superintendent*



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**[www.idaliaco.us](http://www.idaliaco.us)**



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the Wolves play  
basketball!**

*April Wolfview  
deadline*

*Monday, March 26*

*Email*

*idalianewsletter@idaliaco.us*

## IDALIA STARLIGHTERS

The Idalia Starlighters met on January 17, 2021 at the Homestead. The meeting was called to order by Tatum Soehner. The secretary's minutes were approved as read and the treasurer's report was filed for audit. We had a zoom meeting with Amy from GripTape. The demonstrations at this meeting were by Albert Keller, Edward Keller, Charlie Soehner, and Tatum Soehner. The next meeting will be on February 21, 2021 at the Homestead. Demonstrations for the next meeting will be by Brookly Richards and Ryan Richards. *Submitted by Kaitlyn Helling, Club Reporter*



## *Wolf on the Loose!*

In an exciting new column, we feature our very first “Wolf on the Loose”, an Idalia student with a great achievement outside of the school. **This month’s Wolf is none other than Anna Garton.**

Anna is a member of the Tumbleweed Tumblers Gymnastics Team, having participated in gymnastics for the last 3½ years. She trains two to three days each week in St. Francis and Colby and attends an average of two meets (competitions) each month. Although Anna competes in all four apparatus, the vault is her favorite. This year she is competing at the Platinum (XP) level. On January 23, 2021, she traveled to Salina, Kansas for the Winter Wonderland Gymnastics Meet, the first sanctioned meet of 2021. She placed 6<sup>th</sup> in vault, 3<sup>rd</sup> in bars, 2<sup>nd</sup> in beam, 2<sup>nd</sup> in floor and 1<sup>st</sup> in all-around (total points earned for all events). Anna plans to attend the AAU Nationals in Savannah, GA this summer. In the future, Anna would like to continue competing through high school and maybe during college as well. **CONGRATULATIONS ANNA!**



*Anna Garton is pictured in the middle on the 1st place pedestal.*

As future leaders, Idalia students are active both in and outside of the school environment. Each month, the Wolfview will feature a student who excels in the community, either through athletic, academic, competitive, educational, or civic activities. Parents and community members—if you know of a member of our WolfPack who is doing great things outside of school, let us know! Contact Lynne Cody or email [idalianewsletter@idaliaco.us](mailto:idalianewsletter@idaliaco.us) with details—maybe your student will be the next “Wolf on the Loose!”



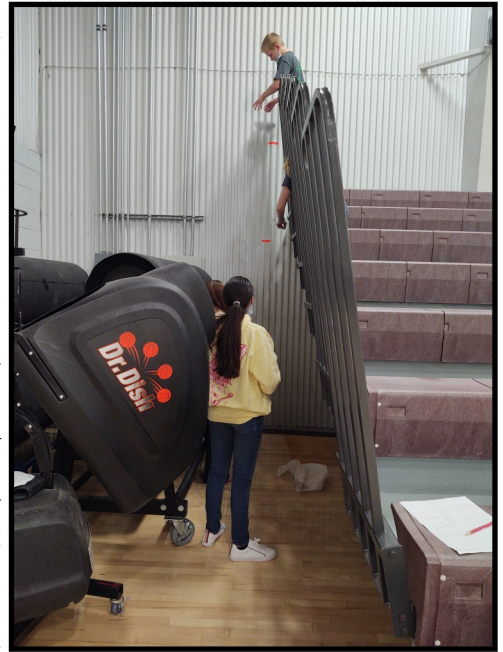
## 7TH GRADE EXPLORES FRICTION AND FORCES IN SCIENCE

The 7<sup>th</sup> graders recently had fun testing the effects of friction on a falling object and demonstrated how an unbalanced force acts on objects (them!).

To test the effects of friction, each group of students created 2 different parachutes made of tissue paper, 1 attached to a small washer, and the other to a large washer. Students dropped the parachutes from the top of the bleachers in the gym and timed their fall at different heights. They calculated the average time and plotted it on a graph that showed how mass of the washer and surface area of the parachute affected the drop time.



They really enjoyed playing tug-of-war to show how an unbalanced force can cause an object to move. They tried several different student combinations on each side of the rope – girls vs. boys; 5 on 4; 1 on 1; and the culminating event – 9 versus 8. They liked trying to figure out different strategies that might balance the teams out – more, smaller classmates against fewer, bigger classmates. It didn't always turn out like they thought it would. They discovered that bigger doesn't necessarily mean stronger! Submitted by Kristi Minor, 7th Grade Science Teacher



Pictured are Idalia 7th graders exploring friction and force through various activities.



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your copy.**

Idalia School District RJ-3 is accepting applications for the following position for the 2021-22 Academic Year:

Full/Part-Time Counselor

Applications can be found on our school's website: [www.idaliaco.us](http://www.idaliaco.us)

## 10 WAYS TO ENJOY MORE FRUITS AND VEGETABLES

Eating healthy food doesn't have to be complicated! Choose nutritious foods that have vitamins, minerals, fiber, and other nutrients. Building a healthy plate is easy when you make half your plate fruits and vegetables. It's also a great way to add color, flavor, and texture. Make two cups of fruit and 2½ cups of vegetables your daily goal. Here are some tips to enjoy more great options every day:



1. Variety abounds when using vegetables as pizza topping. Try broccoli, spinach, green peppers, tomatoes, mushrooms, and zucchini.
2. Mix up a breakfast smoothie made with low-fat milk, frozen strawberries & a banana.
3. Try crunchy vegetables instead of chips with your favorite low-fat salad dressing for dipping.
4. Keep cut vegetables handy for snacks, side dishes, lunch boxes or a quick snack while waiting for dinner. Try red, yellow, or green peppers, broccoli or cauliflower florets, carrots, celery sticks, cucumbers, snap peas, cherry tomatoes or whole radishes.
5. Place colorful fruit where everyone can easily grab it for a snack-on-the-run. Keep a bowl of fresh, washed whole fruit in the center of your kitchen or dining table. **HINT:** Grapes are safe at room temperature, be aware: they won't last long!
6. Stuff an omelet with vegetables. Turn it in a hearty meal with broccoli, squash, carrots, peppers, tomatoes, or onions with low-fat cheese.
7. "Sandwich" in fruits & vegetables. Add pizzazz to sandwiches with sliced pineapple, apple, peppers, cucumber & tomato as fillings.
8. Make fruit your dessert: Slice a banana lengthwise & top with a scoop of low-fat frozen yogurt. Sprinkle with a tablespoon of chopped nuts or even mini chocolate chips.
9. Stock your freezer with frozen vegetables to steam (the microwave is perfect for this!) or stir-fry for a quick side dish.
10. Make your main dish a salad of dark, leafy greens and other colorful veggies. Add chickpeas or edamame (fresh soybeans) and lean protein like sliced chicken breast or tuna. Top with low-fat dressing. See "Smart Tips to Build a Healthy Salad" at [www.eatright.org/nutritiontipsheets](http://www.eatright.org/nutritiontipsheets)

For more tips & recipes to eat healthy, visit: <https://www.eatright.org/food/planning-and-prep/recipes>. Submitted by Lynne Cody, Idalia Health and Wellness

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## FEBRUARY IS CAREER AND TECH ED MONTH

In planning for their future student's in Mrs. Terrell's 9th and 10th grade business classes participated in mock interviews. Students had to research a job they would be qualified for at a high-school age. Once the mock job was decided upon, they had to create a resume, cover letter, and fill out a job application form for the position. Upon completion of the necessary paperwork, each student had to participate in a 5-7 minute interview. Congratulations to our future work force on a job well done!





## LUISA HELENA XILOT GAMBOA - WOLF OF THE MONTH

Luisa is a 13-year-old, 8<sup>th</sup> Grade Honor Roll student. Luisa names her 5<sup>th</sup> Grade Teacher, Mrs. Sue Heath, along with current teachers Mrs. Sherri Ramseier (Language), Mr. Daniel Weirich (Social Studies), Mrs. Cindy Soehner (Math), and Mrs. Kristi Minor (Science) as her favorites. Luisa's favorite subject is Math. Some of Luisa's hobbies and interests outside of school include basketball, volleyball, listening to music, playing videogames, doing puzzles, and hanging out with her dogs. Luisa names her mom (Carolina) and her grandma as her role model and states, *"My mom always tells me to put all my effort into whatever I'm doing and try my best. My Grandma is my role model because she has a career as an accountant, which is what I would like to become."*

When asked to discuss an accomplishment that she is proud of, Luisa responded, *"America is not my home country, I am proud that I have learned how to speak and write English. I am also proud that I am getting better at sports and that I was selected as Wolf of the Month."* Luisa shared that a 'Fun-Fact' about herself is, *"I like to shoot guns and make people that I know well laugh."* When asked to share her future aspirations, Luisa stated, *"I hope to study and pursue a career as an accountant. I also would like to strive for constant personal and professional improvement."* Luisa's advice to her fellow students is, *"Pay attention in class and appreciate the opportunities you have to learn."*

Mrs. Cindy Soehner states, *"Luisa is such an amazing young woman! Her level of responsibility and maturity goes way beyond her years. Assignments are always very well-done, complete, on time, and done to the best of her ability. She helps wherever she can, and without being asked. I often find her in my room well before the bell, helping pass out papers. She is always willing to help a fellow student and is a very kind and humble person. Luisa always offers a happy greeting and I look forward to having her in class each day."*

Mr. Johnson added, *"Luisa is a quiet girl who might fly under the radar. Many in the community may not know much about her, but I will be the first to tell you she is one of Idalia's finest. Luisa came to Idalia four years ago as a 5<sup>th</sup> Grader knowing very little English. Fast forward to today, and she is thriving as nearly a straight-A student on the Honor Roll. Beyond her impressive academic performance, Luisa is as sweet and polite of a student as you will ever find. Ask any of her teachers, and they will all speak to how much they enjoy having her in class, not only due to her academic performance, but more so for her outstanding effort and behavior. Luisa is just an overall nice, humble, and hard-working person who has an incredibly bright future and is well deserving of being named Student of the Month. Congratulations Luisa! Keep up the good work."* Submitted by Myles Johnson, Superintendent



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## SUPPORT YOUR LOCAL CONTINUING ED SCHOLARSHIPS

King Soopers has made it easy to support Idalia Vision Continuing Education. Each person's membership card will benefit Idalia Continuing Ed every time it is used.

Purchasing and using Safeway reloadable gift cards is very easy. Individuals buying these cards need to reload them at the register for whatever amount they choose. Loading this card can be done by using your credit card, check, cash or debit card. The card is swiped just like a credit or debit card. These cards can be used to purchase fuel at any Safeway gas station as well as buying groceries. It is easy to purchase and use a reloadable Safeway gift card. The initial cost of each card is \$10 which is already added to the card for you to use. Checks need to be written to Idalia Vision Continuing Ed and can be purchased at the school office.



All profits from the drink and snack machines and the use of Safeway gift cards and King Soopers loyalty cards are used to fund scholarships for student applicants. Safeway and King Soopers donate 5% back to Idalia Vision Continuing Education program every time your card is used.

Has your child received a scholarship from Continuing Ed in the past? Maybe they will be eligible to receive a scholarship in the future. What better way to show your appreciation for that scholarship than to support this program?

Idalia Vision Continuing Education committee members include Linda Evans, Kathy Wiley, Ken Brenner, Andrea Louthan, and Deb Crites. Please contact any of these people for questions.

## IDALIA FBLA QUALIFIED 25 FOR STATE

During the months of December and January, Idalia FBLA participated in challenges against other schools within our district. Our members participated in their choice of events. Their choices included projects having to do with role-play, team projects, interviews, speeches, and tests. Members did an excellent job and placed in numerous areas.



For our team events, members had to create presentations with each other and then submit them, but it wasn't quite as easy. Our members had to get together to create a presentation and memorize their lines before recording their video, which then took precision, memorization, and great videoing skills. They then had to go through great depths of the FBLA website to post the video they had created through a private YouTube link, which they got after posting it onto a private YouTube video. The people who participated in tests studied numerous times in order to be prepared. Their test results mirror their efforts nicely. We are extremely proud of how far our members have come. Twenty five members will go on to compete at State. Results are listed below the picture. *Submitted by Oscar Ornelas, FBLA Reporter*

**Back Row:** 2 – Kylie Wingfield – 2<sup>nd</sup> in Website Design and 3<sup>rd</sup> in Business Communications, Brandy Henrickson – 1<sup>st</sup> in International Business and 2<sup>nd</sup> in Political Science, Alli Rice – 4<sup>th</sup> in Graphic Design and 5<sup>th</sup> in Intro to Business Communications, Tyler Hall – 1<sup>st</sup> in Management Decision Making and Introduction to Information Technology; Marek Cody – 1<sup>st</sup> in Management Decision Making, and Camren Morris – 2<sup>nd</sup> in Website Design.

**Middle Row:** Callie Richards – 1<sup>st</sup> in Intro to Bus Presentation and 3<sup>rd</sup> in Introduction to Financial Math, Kynadal Richards – 1<sup>st</sup> in Intro to Bus Presentation, Priscilla Cruz – 7<sup>th</sup> in Introduction to FBLA, Naidelin Estrada – 2<sup>nd</sup> in Public Service Announcement and 3<sup>rd</sup> in Intro to Business Communication, Itzel Gonzalez – 2<sup>nd</sup> in Word Processing, Priscilla Cordova – 3<sup>rd</sup> in Job Interview, Rylann Brigham – 5<sup>th</sup> in Word Processing, Eduardo Estrada – 1<sup>st</sup> in Management Decision Making and 5<sup>th</sup> in Introduction to Information Technology, Porscha Jacobs – 1<sup>st</sup> in Word Processing and 2<sup>nd</sup> in Website Design, Samantha Heath – 1<sup>st</sup> in Intro to Bus Presentation and 4<sup>th</sup> in Organizational Leadership, and Oscar Ornelas – 3<sup>rd</sup> in Cyber Security and 3<sup>rd</sup> in Introduction to Information Technology.

**Front Row:** Trey Richards 1<sup>st</sup> in Introduction to Public Speaking, Dawn Rice – 1<sup>st</sup> in Accounting 1, Raquel Lieurance – 4<sup>th</sup> in Graphic Design, Catherine Shandy – 1<sup>st</sup> in Introduction to Social Media and 2<sup>nd</sup> in Public Service Announcement, Alma Cordova – 1<sup>st</sup> in Introduction to Parliamentary Procedures and 2<sup>nd</sup> in Public Service Announcement and Kiersten Wingfield – 1<sup>st</sup> in Introduction to Social Media.

# Aspire to Inspire



## Idalia Breakfast Menu March 2021

**A selection of milk offered daily-----Fruit and juice offered daily----A variety of cereal offered daily.**

| MONDAY |                  | TUESDAY |                         | WEDNESDAY |                  | THURSDAY |                        | FRIDAY |                 |
|--------|------------------|---------|-------------------------|-----------|------------------|----------|------------------------|--------|-----------------|
| 1      | Muffin<br>Yogurt | 2       | Yogurt Parfait          | 3         | Bagel            | 4        | Breakfast Burrito      | 5      | Breakfast Round |
| 8      | Breakfast Pizza  | 9       | Breakfast<br>Quesadilla | 10        | Biscuits & Gravy | 11       | Banana Bread<br>Yogurt | 12     | Toast           |
| 15     | No School        | 16      | No School               | 17        | No School        | 18       | No School              | 19     | No School       |
| 22     | Breakfast Pizza  | 23      | Breakfast<br>Quesadilla | 24        | Biscuits & Gravy | 25       | Banana Bread<br>Yogurt | 26     | Toast           |
| 29     | Muffin<br>Yogurt | 30      | Yogurt Parfait          | 31        | Bagel            |          |                        |        |                 |

**This institution is an equal opportunity provider.**

## Idalia Lunch Menu March 2021

**Fruits and vegetables offered daily----A selection of milk is offered daily----Menu is subject to change.**

| MONDAY |   | TUESDAY |   | WEDNESDAY |  | THURSDAY |   | FRIDAY |                                  |
|--------|---|---------|---|-----------|--|----------|---|--------|----------------------------------|
| 1      | Corn Dog<br>Fruit/Vegetable                 | 2       | Chicken Alfredo*<br>Garlic Bread<br>Fruit/Vegetable                 | 3         | PBJ Sandwich<br>Chicken Salad*<br>Baked Sun Chips<br>Fruit/Vegetable | 4        | Tacos*<br>Arroz Con Elote*<br>Fruit/Vegetable         | 5      | Mac N Cheese*<br>Fruit/Vegetable |
| 8      | HB/CB*<br>Steak Fries*<br>Fruit/Vegetable   | 9       | Taco Salad*<br>Fruit  | 10        | Chicken Sandwich<br>Coleslaw*<br>Fruit                               | 11       | Chicken Fajitas*<br>Refried Beans*<br>Fruit/Vegetable | 12     | Spaghetti*<br>Fruit/Vegetable    |
| 15     | No School                                   | 16      | No School   | 17        | No School  | 18       | No School   | 19     | No School                        |
| 22     | Lasagna*<br>Garlic Bread<br>Fruit/Vegetable | 23      | Orange Chicken*<br>Veggie Fried Rice*<br>Fruit/Vegetable            | 24        | Grilled Chicken<br>Sandwich*<br>Fruit/Vegetable                      | 25       | Pork Tacos*<br>Chips & Salsa*<br>Fruit/Vegetables     | 26     | Nachos*<br>Fruit/Vegetable       |
| 29     | Chicken*<br>Garlic Bread<br>Fruit/Vegetable | 30      | Salisbury Steak*<br>Mash Potatoes*<br>Gravy*Roll<br>Fruit/Vegetable | 31        | Chicken Nuggets<br>Fruit/Vegetable                                   |          |   |        |                                  |

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Idalia School District RJ-3  
26845 County Road 9.2  
Idalia, CO 80735

# **IDALIA MISSION STATEMENT**

Idalia School District RJ-3 will provide each child the knowledge, skills, and qualities to become productive citizens upon graduation.

## **MARCH 2021**

| Sun                               | Mon                                      | Tue                                    | Wed                              | Thu                                  | Fri                                | Sat                               |
|-----------------------------------|--|--|----------------------------------|--------------------------------------|------------------------------------|-----------------------------------|
|                                   | 1<br>JHBB vs Otis                        | 2<br>JVG/V BB @<br>Arickaree           | 3                                | 4<br>JVB/V BB @<br>Cheyenne<br>Wells | 5                                  | 6<br>JV/V @<br>Stratton           |
| 7                                 | 8<br>JHBB<br>Championship<br>@ Hi-Plains | 9<br>HSBB<br>Playoffs                  | 10<br>School<br>Board<br>Meeting | 11<br>HSBB<br>Playoffs               | 12                                 | 13<br>HSBB Playoffs               |
| 14<br>Daylight<br>Savings<br>Time | 15<br>Spring Break                       | 16<br>Spring Break<br>HSBB<br>Playoffs | 17<br>Spring<br>Break            | 18<br>Spring Break                   | 19<br>Spring<br>Break              | 20<br>HSBB State<br>Championships |
| 21                                | 22                                       | 23<br>HSVB vs HP<br>@<br>Burlington    | 24                               | 25                                   | 26<br>JH/HS VB @<br>Genoa-<br>Hugo | 27<br>HSVB vs<br>Caliche          |
| 28                                | 29                                       | 30<br>JH/HS VB vs<br>Lone Star         | 31                               |                                      |                                    |                                   |