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**SOUTH
 YWKC JH
 LEAGUE CHAMPS**

Back Row: Assistant Coach Crystal Richards, Tatum Soehner, Bristol Robertson, Trista Richards, Natalie Helling, Brigette Kite, Ailyn Monarrez, and Head Coach Lindsey Richards. Front Row: Alyssa Smith, Alora Dible, Audrey Soehner, Evelyn Cruz, and Addison Richards.



VISIONS MEETING

Tuesday, November 9

Doors open at 5:00—Dinner at 5:30-6:30

Meeting at 6:30

3 openings on the Vision Board—looking for candidates.

Menu: Barbequed brisket and all the fixin’s with desserts!!

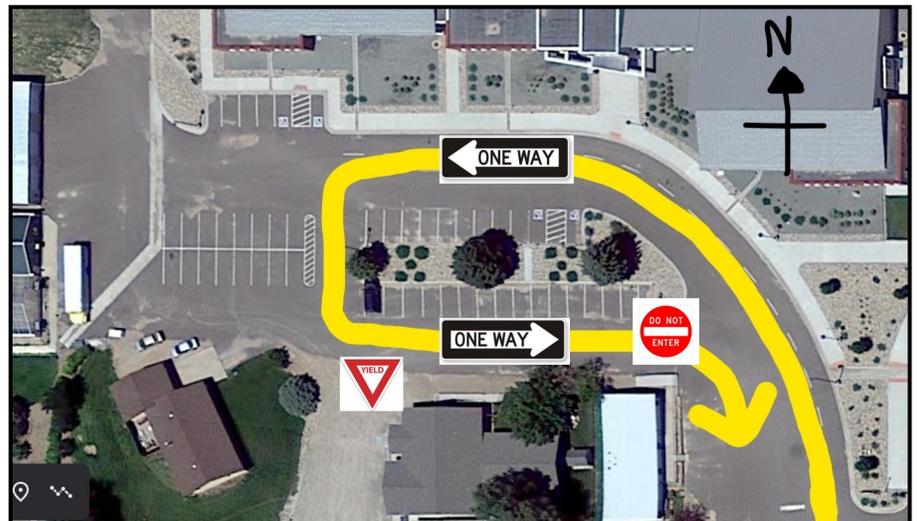
We are seeking input from the community on how to make a better Idalia!!



SCHOOL TRAFFIC

UPDATE

As you may have noticed, there are new traffic signs up around the school reminding all drivers (students, staff, parents, visitors, etc.) of the appropriate traffic flow to keep everyone safe and accident free. By reviewing the visual below, you can see the 1-way traffic should flow counterclockwise (and without U-turns) around the middle island. Thanks for your cooperation in keeping everyone safe and accident free.



FBLA ATTENDS COLORADO FALL LEADERSHIP CONFERENCE



Idalia FBLA officers traveled to Greeley, Colorado on October 6-7 for the annual Colorado Fall Leadership Conference on the University of Northern Colorado Campus. Over 500 students from across the state attend this final leadership conference.

The Colorado Fall Leadership Conference was a blast for everyone involved. The officers practiced networking and grew their leadership skills. There were workshops that aided officers in choosing their competitive events as well as workshops demonstrating how to dress in business attire.



FBLA State President Porscha Jacobs emceeds of the Colorado Fall Leadership ceremonies.

One workshop showed what kind of leader officers were and how to improve upon that. Another workshop was hosted by FBLA alumni, who demonstrated how their FBLA careers led them to the successful lives they lead today. However, some of the best parts of the conference were the networking sessions. Idalia officers met people from all over Colorado and learned how diverse FBLA truly is. Members were partnered with strangers whom they learned weren't that different from them. The

Idalia officers left the conference with new stories and fun memories. Submitted by Samantha Heath, FBLA Reporter



Back Row: Itzel Gonzalez, Oscar Ornelas, Priscilla Cordova (State Officer for District 3), Kylie Wingfield, Porscha Jacobs (State President), and Priscilla Cruz. Front Row: Samantha Heath, Naidelin Estrada, Kyndal Richards, Callie Richards, Camren Morris, and Raquel Lieurance.

OCTOBER IS SPINA BIFIDA AWARENESS MONTH

Idalia Senior Katie McGinnis is our poster child for Spina Bifida. What is Spina Bifida? It is a condition that affects the spine and is usually apparent at birth. It is a type of neural tube defect (NTD).



Spina bifida can happen anywhere along the spine if the neural tube does not close all the way. When the neural tube doesn't close all the way, the backbone that protects the spinal cord doesn't form and close as it should.

This often results in damage to the spinal cord and nerves. Katie's fight is our fight!

FBLA OCTOBER HAPPENINGS

October was a busy month for FBLA. An activity for the chapter for the month was to promote Spina Bifida Awareness in support of Katie McGinnis and her fight against Spina Bifida. The poster was themed "Her fight is our fight." The poster hangs by the office at the school and is depicted with a tree full of butterflies. All members of the high school wrote Katie a message on a butterfly.

As part of the chapter's community service activities, the chapter trick-or-treated for canned food. Groups of ghosts, witches, superheroes, dinosaurs, and 80's ladies went around the school district to gather canned food for the Manna Pantry to be distributed in our community. The chapter also participated in the school's Trunk-or-Treat which was held on the 29th. Elementary-aged children trick-or-treated in the chapter's Pac Man Trunk.

To conclude the month, members signed up to compete in competitive events at the District level which will be in February. Submitted by Samantha Heath, FBLA Reporter



STUDENTS VISIT ART EXHIBIT

Mrs. Moberly was thrilled to share the Van Gogh Immersion Exhibit with these fun talented ladies. It was a great way to deepen their appreciation of Art History in a new way! Left to Right: Itzel Gonzalez, Sanjuanita Cruz, Saray Hernandez, Schuyler Prentice, Oliva Stevens, Alma Cordova, Adreanna Moberly, and Mrs. Moberly



All veterans and community members are invited to join us for our school's Veterans' Day Program on Wednesday, November 10, at 1:00 p.m. in the gym.

December Wolfview deadline is Monday, November 22.

Email IDALIANEWSLETTER@IDALIACO.US



Give Blood.

Every 2 seconds, someone in the U.S. needs blood.

Blood Drive



Wednesday November 24, 2021



9:00 AM – 2:00 PM



Idalia School

Contact Lisa Richards at 970-630-1498 to schedule an appointment or go online.

1-800-RED CROSS - 1-800-733-2767 - redcrossblood.org

or Download the Blood Donor App

BOOK FAIR SUCCESSFUL

A great big thank you to all that bought from the Scholastic Book Fair. It was a big success!

coolfreeimages.net



FFA TOURS PRO HEALTH



Throughout this year, the Idalia FFA Chapter plans to take each class of FFA members on a tour to an agricultural facility. The Juniors got the chance to tour Pro Health in Wray, Colorado. At Pro Health, they learned about how potatoes

go from the field to your dinner table. The juniors enjoyed walking around the facility and exploring the various parts of potato processing and the different machines used.

Thank you Pro Health for letting Idalia FFA visit. Submitted by Naidelin Estrada, FFA Reporter



Pro Health

FFA PIZZA AND PUMPKIN CARVING

As Halloween was approaching, the FFA Chapter decided to have a good time carving pumpkins and enjoying Pizza! A huge thank you to the White Hill Pumpkin Patch for supporting the FFA Chapter. Pumpkin carving began with PALS. All elementary-aged students enjoyed spending time with the older kids and getting to carve a pumpkin. High school students also spent an evening carving pumpkins and enjoying pizza! Submitted by Naidelin Estrada, FFA Reporter



Top Picture: Jaylyn Kechter and Trent Hall cut up pumpkins with PALS—Julissa Monarrez, Tamera Pfeiler, and Brielle Kite.

Bottom Picture: Trent Hall, Julian Perez, Tristan Hassman, and Trey Richards participate with FFA pumpkin carving and pizza eating.

Right Picture: Naidelin Estrada, Priscilla Cordova, Kale Whitehill, Itzel Perez, and Priscilla Cruz at the Whitehill Pumpkin Patch getting pumpkins for PALS.

OCTOBER BOARD MEETING MINUTES

On October 20, the Board meeting was called to order at 6:00 p.m. Those in attendance included Board Members Ken Brenner, Amber Hardwick, Kyle Kite, Jessica Towns, Dustin Weyerman, Superintendent Myles Johnson, Business Manager Autumn Helling, and Assistant Principal Kristi Minor.

Following the Pledge of Allegiance, the Agenda was approved. Next the September 15 Minutes were approved. The Business Service Reports were then presented and approved. Mrs. Minor then gave her Principal's Report where she briefed the Board on a recent Accountability Committee meeting as well as providing a student discipline update.

Next Mr. Johnson gave his Superintendent's Report, in which he briefed the Board on two policies (AD/GBI) that have been updated as well as went over the school's performance framework and 2021 assessment data. Under "Discussion/Action Items" the Board approved the sale of a bus.

Under "Personnel", the Board approved all winter coaching contracts as presented. The Board then approved the updated substitute teacher list. Under "Policy", the Board approved policies AD and GBI as presented. The meeting was adjourned at 6:54 p.m. and next meeting was set for November 17. Submitted by Myles Johnson, Superintendent



Thank You
 A big thank you to Luke and Val Whitehall. Preschool had a great time exploring at the Whitehall Pumpkin Patch!



WANTED
 A copy of the 2005-2006 yearbook that could be donated to the Library to be included with the collection of all the yearbooks that have been published. Contact Kendra Mann at the school. Thank you.





CLASS OF 2025 BUTTER BRAID SALES

The freshman class will be selling butter braids during November for their class fundraiser. Contact any freshman or call the school and leave a message if you are interested. Delivery before Christmas. Thank you.



PHYSICS OLYMPICS—MOUSETRAP CARS

The latest project in Physics Olympics was the iconic “mousetrap car”. Students had to create a car that would travel at least five meters using only the energy found in a standard mousetrap. Students competed in both a distance competition and a speed competition.

In past years, one style of car might win the distance, and another might win the speed, but this year one of the cars qualified as “best of show” by winning both competitions, going 21 meters at a speed of almost 1 meter/second. Itzel Gonzalez, Eduardo Estrada, and Marek Cody were the owners of this well-built vehicle. Be watching for the toothpick/paper clip bridges next month!



Left to Right: Sanjuanita Cruz, Colin Hardwick, Naidelin Estrada, Yahir Enriquez, Koy Smith, Rylann Brigham, Allison Rice, Jenna Wieser, Eduardo Estrada, Marek Cody, Itzel Gonzalez, and Kylie Wingfield. *Front Row:* Kye Towns, Alma Cordova, Raquel Lieurance, and Itzel Perez.

STEPS FOR REPLACING SUGARY DRINKS

Sugary drinks are everywhere and can be quite tempting. We know they taste good, and our taste buds have been trained to love them, but they serve no nutritional value and can be detrimental to your health and waistline. Drinking just one soda pop each day equals up to 32 pounds of sugar each year.

Drinking sugar-laden beverages can lead to an increased risk of Type 2 diabetes and obesity. In fact, drinking soda is associated with a higher risk of heart disease, stroke, colorectal cancer, and all causes of death. And one study suggested that drinking soda can trigger sweet cravings by dulling your sensitivity to sweet tastes, sparking a vicious cycle of eating foods and drinks with added sugar.

Fruit juices as well as sports and energy drinks can have just as much sugar in them as a regular soda, so try to limit your consumption of those, too. You can start limiting your intake of sugary drinks by taking small steps to decrease the amount of soda and other drinks you consume each day, replacing them with water.

Here is a simple plan to SLOWLY replace your sugary drinks with water:

1. Cut your daily soda intake in half for the first two weeks.

2. Swap soda for other fizzy drinks during these first few weeks. Add fresh fruit slices to carbonated water. Get creative with your mix-ins. Use watermelon, strawberries, cherries, peaches, or apples. A splash of fruit juice can also enhance the flavor.

3. Add foods high in vitamin B and L-glutamine to your daily diet. Vitamin B (found in spinach & whole grains) will help prevent headaches, which can be a sign of caffeine withdrawal. Beans, eggs, and fish provide a healthy dose of the amino acid L-glutamine, to help calm sugar cravings as you slip away from soda's grip.

4. Rely on healthier caffeinated beverages when the caffeine craving strikes. Coffee and green tea provide a boost of caffeine and antioxidants. Just be wary of sweeteners, which can add extra fat and calories.

6. Reduce your soda intake by half once more and drink this daily amount for the next week. Continue this pattern each week, reducing your daily intake by half until you're no longer relying on the bubbly beverage. The entire process might take several weeks for heavy soda drinkers -- be patient and take your time; making too many drastic changes at once will only discourage you.

7. Trade carbonated water for plain water -- but feel free to keep using your fruity mix-ins. Keep a reusable water bottle with you and re-fill it every time it gets low. *Lynne Cody, Idalia Health and Wellness*



OPERATION GRATITUDE
HALLOWEEN CANDY GIVE BACK PROGRAM

October 2021

For the 6th year, Idalia School will have a contest for K-5 students to donate candy for our military troops, veterans and first responders. The class which donates the most candy will earn a free recess, get bragging rights and keep the annual Halloween Candy Trophy for the year!

Students may also write letters of gratitude to service members to send with the donated candy. Help your kids choose what they want to donate: pixie stix is the only prohibited candy. Candy can be brought to the classrooms between November 2nd and 8th, 2021.

Shipping costs are typically paid for by local dentists in the area. Dr. Melvin Dunn has graciously offered to support our program again. However, if you know a business which would like to share in sponsoring this program, please let us know!

Please call or email Lynne Cody @ (719) 343-0212 or knlcody@yahoo.com with questions.

MOTHER-SON FALL EVENT

Moms (and Grandmas) and sons enjoyed a fun mother-son event on Saturday, October 23, at Idalia School hosted by the Health & Wellness Committee. The afternoon started with a fun game of kickball.



Afterward the group learned how to make healthy and delicious smoothies. Some of the favorites were the “Hot Pink” smoothie, the “Upside-Down Monkey”, and delicious “Apple Pie” Smoothie. By the end of the event, everyone was able to create their own tasty concoction. What a great way for families to have fun and eat healthy! *Submitted by Maria Moellenberg, Idalia Health & Wellness*



GIVING HANDS OF YUMA COUNTY

Giving Hands of Yuma County is once again aiding families in need to ensure all children in Yuma County enjoy a quality Christmas. If you would like assistance in ensuring your child(ren) receive a Christmas gift this year, please contact Miss Cominiello by December 6.

**All requests will be completely confidential.*

***Elementary students will receive priority if there are a limited number of gifts available*

Giving Hands del condado de Yuma está ayudando una vez más a las familias necesitadas para garantizar que todos los niños del condado de Yuma disfruten de una Navidad de calidad. Si desea asistencia para garantizar que sus hijos reciban un regalo de Navidad este año, favor de llamar a la Sra. Cominiello or Sra. Garton antes del 12/06..



* Todas las solicitudes serán completamente confidenciales.

** Los estudiantes de primaria recibirán prioridad y hay un número limitado de regalos disponibles.

MAREK CODY - WOLF OF THE MONTH

Marek is a 17-year-old senior on the High Honor Roll. Marek names Mr. Weirich as his favorite teacher, and his favorite subjects are History and Science. Some of Marek’s hobbies and interests outside of school include hunting, skiing, and shooting sports. Marek names his grandpa as his role model and states, “*My grandpa is hard-working and kind.*” Marek shared that a “Fun-Fact” about himself is that, “*My family has been farming in the Idalia-Armel area for five generations.*”



When asked to discuss an accomplishment that he is proud of, Marek responded, “*I am proud I was elected as President of the Kit Carson County 4-H Council.*” Marek shared his future plans are, “*to attend college, possibly at the University of Wyoming, and major in Agroecology.*”

Mr. Johnson states, “*Marek is doing an outstanding job in the classroom, where he is a High Honor Roll student. Additionally, he is involved in many extracurriculars such as football, basketball, FBLA, FFA, 4-H, and others. Most importantly, Marek is a young man of high character and integrity. His personality is very even-keeled, and he is both reliable and consistent. Keep up the good work and Wyoming (or wherever you decide to go) will be lucky to have you next year.*” *Submitted by Myles Johnson, Superintendent*

WOLF ON THE LOOSE!

This month's Wolf on the Loose steps outside of Idalia to celebrate a statewide award! The Colorado 4-H Hunting & Outdoor Skills state champion is our very own Edward Keller. Winning a state title is quite an achievement; youths must win at their county level to qualify to compete against entries from counties throughout Colorado. Edward led the Yuma County team, which brought four of the top five winners.

Edward began shooting when he was nine, when he took his hunter safety training. He joined the Yuma County shooting sports program when he was twelve and focused on .22 rifle. He added Western Heritage, a combination of 4-H Shooting Sports and a living history of the frontier west from 1860 to 1900 where participants use period rifles and handguns, and dress in Old West apparel and learn about life in the west. Edward chose this project because he really likes the history of the Old West. He also began to participate in Hunting & Outdoor Skills, which combines shotgun, .22, archery, wildlife identification, and orienteering. He plans to add archery to his projects for this coming year.



One of his goals is to become a Colorado 4-H Shooting Sports Ambassador, a coveted position in which 4-H youths represent the organization and help with shooting sports events across the state. Outside of 4-H, Edward likes to play football for Idalia. His favorites school subjects are science and history, and Edward invites anyone to come join the Yuma County shooting sports program. They have outstanding leaders and a really great group of kids. They welcome anyone interested in learning about firearms, hunting, and western heritage.

The Idalia community is very proud of Edward, and we can't wait to see what he achieves in 4-H next!

As future leaders, Idalia students are active both in and outside of the school environment. Each month the Wolfview will feature a student who excels in the community, either through athletic, academic, competitive, educational, or civic activities. Parents and community members—if you know of a member of our WolfPack who is doing great things outside of school, let us know! Send details to knlcody@yahoo.com -- we want to see your student as the next "Wolf on the Loose!"



K-3 students learned what it means to "Walk A Mile in Someone Else's Shoes" with Mike Donahue.

Pictures are due February 1. Email electronic copy to idalianewsletter@idaliaco.us

Trunk-or-Treat



1st ever Idalia
Trunk-or-Treat
party



RED RIBBON WEEK WINNER



The annual Red Ribbon Week campaign took place October 23 through October 31. The first National Red Ribbon Week was organized in response to the death of Drug Enforcement Agent Enrique "Kiki" Camarena in Mexico in 1985.

Red Ribbon Week brings awareness to the destruction caused by drugs in our country. In recognition of Red Ribbon Week, Mrs. Terrell's Photoshop and InDesign students submitted drug prevention logos to be voted on by Idalia students and staff.

The logo submitted by Porscha Jacobs finished first in the race, KA-CHOW!



Idalia Breakfast Menu November 2021

A selection of milk offered daily----Fruit and juice offered daily----A variety of cereal offered daily

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	No School	2	Breakfast Burrito	3	Biscuits & Gravy	4	Bagel Yogurt	5	Breakfast Round Breakfast Casserole
8	Breakfast Pizza Smoothie	9	Quesadilla Yogurt Parfait	10	Bacon, Egg, & Cheese Biscuit	11	Banana Bread Yogurt	12	Mini Waffles Scrambled Eggs
15	Muffin Smoothie	16	Breakfast Burrito	17	Biscuits & Gravy	18	Bagel Yogurt	19	Breakfast Round Breakfast Casserole
22	Breakfast Pizza Smoothie	23	Quesadilla Yogurt	24	No School	25	No School	26	No School
29	Muffin Smoothie	30	Breakfast Burrito						

This institution is an equal opportunity provider

Idalia Lunch Menu November 2021

Fruits and vegetables offered daily----A selection of milk is offered daily----Menu is subject to change

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	No School	2	Chicken Alfredo* Garlic Bread Vegetable/Fruit	3	PBJ Sandwich Baked Sun Chips Chicken Salad* Fruit/Vegetable	4	Tacos* Arroz Con Elote* Bean Salad* Fruit	5	Mac N Cheese* Fruit/Vegetable
8	Hb/Cb* Steak Fries* Vegetable/Fruit	9	Super Nachos* Fruit/Vegetable	10	Chicken Sandwich* Coleslaw* Fruit/Vegetable	11	Fajitas* Refried Beans* Fruit/Vegetable	12	Spaghetti* Fruit/Vegetable
15	Chili Dog* Baked Chips Vegetable/Fruit	16	Chicken Fried Steak* Mashed Potatoes& Gravy Fruit/Vegetable	17	Pulled Pork Sandwich Baked Beans* Fruit/Vegetables	18	Turkey * Mashed Potatoes* Gravy* Green Beans* Roll, Dessert*	19	Pizza* Corn* Fruit/Vegetable
22	Mac N Cheese* Roasted Broccoli* Fruit/Vegetable	23	Lasagna* Garlic Bread Fruit/Vegetable	24	No School	25	No School	26	No School
29	Chicken* Garlic Bread Fruit/Vegetable	30	Salisbury Steak Mashed Potatoes Gravy* Roll Fruit/Vegetable						Dessert On Friday Only Homemade*

Idalia School District RJ3
 26845 County Road 9.2
 Box 41
 Idalia, CO 80735

IDALIA MISSION STATEMENT
 Idalia School District RJ-3 will provide each child the knowledge, skills, and qualities to become productive citizens

November 2021



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 No School	2	3	4	5 Kindergarten Here FB Playoffs-1st Round	6 Regional VB
7 Daylight Savings Time Ends	8	9 Annual Visions Mtg and Dinner	10 Veterans' Day Program	11 State VB	12 State VB	13 State VB FB Qtr Finals
14	15	16 FFA Chapter Speaking	17 School Board Meeting	18	19	20 FB Semi-Finals
21 H&W 3-on-3 BB	22	23	24 Thanksgiving Break	25 Thanksgiving Break	26 Thanksgiving Break FB State Championship	27
28	29	30				