Idalia School District RJ3
26845 County Road 9.2 Idalia, CO 80735
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WOLF OF THE MONTH

Jaylyn is a 16-year-old Sophomore on the High Honor Roll and 4.0 student. Jaylyn names Mrs. Kristi Minor (Science) and Mrs. Tara Garton (Spanish) as her favorite teachers, and Spanish and history are her favorite subjects. Jay stated that some of her hobbies and interests outside of school include, "I love to crochet, play the saxophone, sing, do photography, and go on hikes. I love sports and being involved in Student Council and FBLA." Jay names her parents (Brianne and Toby) as her role models and states, "My dad is strong, loving and faithful. He pushes me to do my best.
 My mom is selfless and puts others before herself. She is kind, gracious, and inspires me through her countless acts of service to others." Jay shared that a "Fun-Fact" about herself is, "I have been crocheting since I was 10 and have made, and delivered, over 400 hats, 30 headbands, and 10 blankets to an orphanage in Mexico." When asked to discuss an accomplishment that she is proud of, Jay responded, "I won the MLB's Pitch, Hit, and Run Championship 4 years in a row and I'm also proud to have won a scholarship from my church for completing all the Statements of Faith at the age of 14 ." When asked to discuss her future plans, Jay stated, "I hope to attend a college in Texas and possibly major in Sociology, while also becoming completely fluent in Spanish." A piece of advice Jay offers her classmates is, "Live in the moment and take nothing for granted because life can change in an instant. Be true to yourself and don't be afraid of rejection. The right people who love you for you will come into your life and stay!" Mr. Johnson states, "Jay is a straight-A student and thriving academically, where each of her teachers praise her attitude and work ethic. Beyond her success in the classroom, she is heavily involved in the school through athletics, FBLA, and Student Council to name just a few examples. Jay joined our school last year and has been an absolutely great addition. She is constantly full of positive energy and friendly towards all. Keep up the good work Jaylyn, your future is incredibly bright! You are doing a great job and we are proud to call you a Wolf!" -Submitted by Mr. Johnson


Students 9-12th grade attended an event on teen driver safety on Colorado roads \& highways including state's rules, regulations, penalties, and the dangers of distracted driving. The assembly was hosted by Thinkfast Interactive who provides a unique and engaging educational experience to involve all learning modalities. A special shout out to our winners; Ty Minor taking 1st in the dance competition, and Alli Rice dominating the jeopardy style content review.

## HO BY <br> YOUTH LEADERSHIP

Since 1958, Hugh O'Brian Youth Leadership (HOBY) has provided transformative leadership development training that has positively impacted the lives of over 500,000 high school students around the world. With $70+$ seminars taking place across the United States each spring/summer, the program cultivates personal growth and leadership development while expanding awareness and building new connections throughout the state. Students of the 10th grade must be nominated by teachers to attend the leadership conference. Congratulations to Jaylyn, Krista, and Trent for being nominated to attend the 2023 HOBY Leadership Conference.

$\frac{1 \text { st Place: }}{\text { Bristol }}$
Robertson
End Place:
Evelyn Cruz


## Middle School Spelling Bee



ILLNESS—WHEN TO SEND THEM TO SCHOOL AND WHEN TO SEND THEM TO BED!
Winter in Colorado brings cold temperatures, snowy roads (especially this year), and a variety of illnesses. Spending a lot of time inside, less fresh air and outdoor exercise and being in close proximity to each other, kids are much more likely to come home with one type of "bug" or another. For many parents, deciding whether or not to send kids to school is a tough one. One on hand, we understand that lots of stuff is going around-most of it fairly mild-but on the other hand, we don't want to contribute to spreading it to everyone else. With a rise in RSV and periodic cases of COVID, parents are much more concerned about cold-like symptoms which we may have ignored in years past.
So, how does a parent decipher what's worth staying home for (which may mean a day off work for you and extra schoolwork for your student) and what can simply be addressed by tackling the minor symptoms? Here are a few tips to help you choose between sending your kiddo on the bus or sending him to bed:
Sore Throat
Sore throats are a symptom of a myriad of illnesses and may be contagious if due to strep throat or a virus. Keep kids at home with a sore throat if they also have:

- Fever
- Headache
- Chills
- Stomachache
- Throat \& tonsils which are bright red or have white spots on them


## Upper Respiratory Infections

Many upper respiratory infections look alike, which makes it even hard to decide what to do. Since it is not efficient to keep them out the moment they start coughing or sniffling, the best approach is to focus on the most concerning symptoms:

- High fever which doesn't respond to fever-reducing medication
- Vomiting
- Shortness of breath
- Severe cough
- Loss of taste or small
- Sudden onset of bad headache
- Body aches or exhaustion

If kids are old enough to practice good hygiene, like covering their cough, sneezing into an elbow, not sharing food or utensils, and washing their hands or using hand sanitizer, they should be able to attend school if they are otherwise feeling well.

## Stomachache

Tummy aches can have many causes, but they often leave kids WANTING to stay home. If your kid's stomach pain keeps him from participating in regular activities, or is combined with fever, vomiting, diarrhea, or a sore throat, it would be best to keep him at home. For these symptoms which last more than 24 hours, you may want to reach out to your family doctor or pediatrician as well.

## Fever

No matter what symptoms or illness your child has been dealing with, a fever is a sign that they are fighting something off. Whether or not they are suffering from a contagious illness or not, if they have a fever higher than 100.4 , you should probably keep them at home. To ensure they don't bring anything to school, its best to wait until they are fever-free for at least 24 hours, without the use of fever-reducing medications (like Tylenol or Advil).
The bottom line is that you know your kids the best. Watch their behavior and when you can tell they really don't feel well, keep them home. You will also protect your community by helping to reduce transmission of sickness, even if it means an extra day at home.

## Sources:

https://www.childrens.com/health-wellness/when-to-keep-kids-home-from-school
https://news.llu.edu/health-wellness/my-child-sick-when-should-i-keep-them-home-from-school

## February Board Meeting Minutes

On February 23rd, the Board meeting was called to order at 7:05pm. Those in attendance included board members Amber Hardwick, Jessica Towns, Dustin Weyerman, Ross Morris, Andy Richards, Superintendent Myles Johnson, Assistant Principal Kristi Minor, and Business Manager Autumn Helling. Following the Pledge of Allegiance, the agenda was approved. Next, the January 25th Minutes were approved. The Business Service Reports were then presented and approved. Mrs. Minor then provided her Principals Report, where she briefed the board on student attendance and discipline, as well as providing an update from the recent BOCES Principals meeting she attended. Mr. Johnson then gave his Superintendent's Report, in which he provided a general school update. Under "Discussion/Action Items," the board approved the 2023-24 Academic Calendar as presented. The Board then approved the CEBT Health Insurance renewal for 2023-24. Under "Personnel", the board approved all Spring coaching contracts as presented. Under "Policy", the Board approved policies GCBAE, GDBA-E-1, and GDBA-E-2 as presented. The board then approved second reading of policies BCB, EHC, and JRCB as presented. Next, the board repealed outdated policies GCBA and GCBA-R. The meeting was adjourned at $7: 50 \mathrm{pm}$ and next meeting was scheduled for March 6th at 6 pm .

## !IMPORTANT DATES!

5/24 @ 6pm: 8th Grade Continuation Ceremony
5/24 @ 6:30pm: Academic and Athletic Awards Night
5/26 @ 6pm: Senior Graduation Ceremony
*Please note the last day of school for Seniors and 8th Graders will be $5 / 18$ (all other students last day is $5 / 25$ ).

The Colorado Measures of Academic Success (CMAS) assessment will be administered this Spring beginning April 17th, 2023. Grades 3rd, 4th, 6th and 7th will take three units of math and three units of language arts. Grades 5th and 8th will take three units of math, three units of language arts, and three units of science. The 11th grade will take three units of science.

The majority of CMAS testing will occur over the duration of five days (4/17-4/21). The next week (4/24-4/28) will be allotted for make-up testing.

For a full schedule of the CMAS testing, please go to the Idalia School Webpage, Counselor's Corner, testing, and select 2023 CMAS Testing Schedule.

Please feel free to contact Caprise Cominiello with any questions at:
cominielloc@idaliaco.us
970-354-7298

* Any parents who wish to opt their child (ren) out of CMAS, the parent excusal form can be found on our school's website (idaliaco.us) under the "School Forms" tab. All opt out forms are due to the office by April 17th.
**More information about CMAS can be found at www.cde.state.co.us/assessment


The Idalia Visions Continuing Education Committee will have the new Safeway reloadable cards soon. You can use the balance on your current card but will need to pick up a new card for future use. This is a great and easy way to help raise funds for our students scholarships. We receive 5\% on every purchase. Please see Linda Evans or Sue Heath for a new card.

Remember scholorship applications are due to Linda Evans by April

# A $F B L A$High School 

This month, the Idalia FBLA chapter had many fun activities we partook in. We attended the District 3 Leadership conference on February 1 and were very excited to find out that a lot of our members qualified for state this year. Many members attended workshops and got the opportunity to listen to keynote speaker, Kenyon Salo, a Denver Broncos Skydiver who talked about living life to its fullest potential. Here are the results from the competitions: Alma Cordova, 1st in Client Service and 1st in Business Communications; Tyler Hall, 1st Computer Problem Solving; Jenna Wieser/Krista Wieser, 1st E-Business; Kyndal Richards, 1st Job Interview; Mabel Castro/ Lauren Cody/Tatum Soehner, 1st Intro to Social Media Strategy; Alli Rice, 2nd Electronic Career Portfolio; Kiersten Wingfield, 2nd Business Communications; Krista Wieser, 2nd Intro to Financial Math; Carson Helling/ Natalie Helling/Brigette Kite, 2nd Intro to Business Presentation; Brigette Kite, 2nd Intro to Business Procedures; Sam Heath, 3rd Organizational Leadership; Callie Richards, 3rd Business Calculations; Dylan Hardwick/Edward Keller, 3rd Intro to Business Presentation; Edward Keller, 3rd Intro to IT; Mabel Castro, 4th Intro to FBLA; Lauren Cody 4th Human Resource Management; Wade Martin, 5th Impromptu Speaking; Kiersten Wingfield, 5th Cyber Security; Jaylyn Kechter, 5th Intro to Public Speaking; Dylan Hardwick, 5th Intro to IT; Eduardo Estrada/ Kagen Hoyda, 6th Sales Presentation; Raquel Lieurance, 6th Job Interview; Jaylyn Kechter, 6th Intro to Business Communications; Jillian Morris/Alyssa Smith, 6th Graphic Design; Raquel Lieurance, 7th Agribusiness; Jillian Morris, 7th Accounting; Tatum Soehner, 7th Human Resource Management; Naidelin Estrada, 8th Advertising; Kale Morris, 8th Business Calculations; Oscar Ornealas, 8th Cyber Security; Carson Helling, 8th Intro to Marketing Concepts; Anthony Palacios, 8th Intro to Business Concepts; Alli Rice, 9th Business Communications; Callie Richards, 10th Organizational Leadership. We are looking forward to attending and preparing for the State Leadership Conference. We held dress up days for the National FBLA Week which included a business attire day, a chapter t-shirt day, and a donut day! Lots of members participated and enjoyed the experiences of our very own FBA week from February 6-9. Our members also attended the annual FBLA Night Nuggets Game and had a blast on February 7! Submitted by Callie Richards, FBLA Reporter


## FFA Happenings

In February we had multiple activities. During FFA week (February 18th-25th) we started the week off with pie the advisor on Monday. We had dress up days including blue and gold day, rodeo clown/bullfighter, USA day, and chapter t-shirt. At the end of the week on Thursday we had barnyard day where each class got to go to the ag shop and see the animals there. Our yearly Farmer Appreciation Dinner didn't fit into our schedule this year but we still plan to have one, just don't have a date yet. Next month, starting on the first, we have our FFA member sale. We will have PALS again this coming month. Also on the 6th of March is the District Quiz Bowl Competition, and District Officer Interviews. (To find out more of what's going on in Idalia FFA, you can follow our Facebook page, under Idalia FFA Chapter). Submitted by Krista Wiser, FFA Reporter

## Idalia Breakfast Menu <br> March 2023

A selection of milk offered daily---Fruit and juice offered daily---A variety of cereal offered daily

| MONDAY | TUESDAY |  | WEDNESDAY |  | THURSDAY |  | FRIDAY |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | 1 | Biscuits \& gravy | 2 | Pancake on a stick yogurt | 3 No school |  |
| Waffles Scrambled eggs | 7 | Breakfast Pizza | 8 | Bacon Egg \& Cheese biscuit | 9 | Banana Bread Breakfast casserole |  | No School |
| 13 No school | 14 | No school |  | No school | 16 | No school |  | No School |
| 20 Muffin | 21 | Breakfast Burrito | 2 | Biscuits \& Gravy | 23 | Pancake on a stick Yogurt |  | Fruit and Yogurt parfait |
| 27 Waffles | 28 | Breakfast pizza | 29 | Bacon Egg \& Cheese biscuits | 30 | Banana Bread Breakfast casserole | 31 | No School |

## This institution is an equal opportunity provider

## Idalia Lunch Menu <br> March 2023

Fruits and vegetables offered daily---A selection of milk is offered daily ----Menu is subject to change

|  | MONDAY |  | TUESDAY | Wednesday |  | THURSDAY |  | FRIDAY |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | 1 | Mac \& Cheese Corn Salad Bar |  | Tacos Arroz Con Elote Salad Bar/Dessert | 3 | No school |
| 6 | Spaghetti w/meat option Salad Bai | 7 | Chili Breadstick Salad Bar | 8 | PBJ Sandwich Chicken Salad * Baked Chips Salad Bar | 9 | Shredded Pork Tacos Chips \& Salsa Salad Bar / Dessert | 10 | No school |
| 13 | No school | 14 | No school | 15 | No school | $\begin{aligned} & 1 \\ & 6 \end{aligned}$ | No school | 17 | No school |
| 20 | Chicken Strips Coleslaw Salad Bar | 21 | Pulled Pork Sandwich Baked Beans | 22 | Corn Dog <br> Broccoli Salad <br> Salad Bar | $\begin{array}{\|l} \hline 2 \\ 3 \\ \hline \end{array}$ | Beef Tostada Refried Beans Salad Bar | 24 | Nachos <br> w/Ground Beef <br> Salad Bar <br> Dessert |
| 27 | Chicken Nuggets Corn Salad Bar | 28 | Pizza <br> Green Beans <br> Salad Bar | 29 | HB/CB <br> Fries <br> Salad Bar | 30 | Chicken Fried Steak Mashed Potatoes Gravy <br> Salad Bar /Dessert | 31 | No school <br> Chocolate Milk offered one day a week. |




