

TYLER HALL-WOLF OF THE MONTH

Tyler is an 18-year-old senior on the High Honor Roll and a straight A student. Tyler names Mrs. Cindy Soehner (Math/Science), Mrs. Sherri Ramseier (Language/ StuCo), and Mrs. Janet Brophy (Business) as his favorite teachers. Tyler's favorite subjects are math and science, specifically college chemistry and trigonometry. Some of Tyler's hobbies and interests outside of school include "dad sports – such as golf, pool, cornhole, card games, and fly fishing." Tyler names his dad ,Tim, along with his uncle as his role models and states, "These two are my role models for different, and extensive, reasons." Tyler shared that a "Fun-Fact" about himself is, "I am the oldest student in the entire school this year and I am also currently considered a full-time college student."

When asked to discuss an accomplishment that he is proud of, Tyler responded, "I am actually going to obtain my associates degree before I graduate high school. I am proud of this because it has been an intense amount of work." When asked to discuss a future goal, Tyler stated, "My pipe dream is to graduate college as an aerospace engineer and work for Lockheed Martin on experimental military aircrafts." A piece of advice Tyler offers to his classmates is, "True learning isn't about memorizing facts and formulas. The key is in understanding the reasoning behind those facts."

Mr. Johnson states, "Tyler is one of the most talented, gifted, and hard-working students Idalia has had in recent memory. Tyler is a straight-A student, and his intellectual curiosity is matched by his incredible intelligence level. Tyler has challenged himself by taking multiple college level classes throughout high school, earning high A's in each, and his performance on the SAT ranks amongst the nation's best. Along with his long-line of academic achievements, he is involved in a wide-variety of other activities, such as student council, golf, and volunteering his time to film to list just a few examples. Tyler, congratulations on being named Wolf of the Month, thanks for all your have contributed to our school and community, and know that you have an incredibly bright future!"



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The Idalia Bicentennial Club of the Yuma County FCE Presents...

The Underground Railroad

The Idalia Bicentennial Club of the Yuma County FCE (Family & Community Education) would like to invite the families of Idalia and the surrounding areas to come to the St John Church on October 20th at 6:00pm for an exciting and informative presentation on the Underground Railroad, quilts, and how they tie into one another.

Nancy Walraven, a 1975 Idalia graduate, will be speaking on "Hidden Codes to the Underground Railroad found in Patchwork Quilts". The Underground Railroad was a network of routes and safehouses established between 1800 and 1850, used by enslaved African Americans to escape to free states and into Canada. Nancy Walraven will have quilts displayed and will describe the meaning behind the hidden codes.

We hope to see as many smiling faces as possible. Come as you are and we hope you enjoy learning about a fascinating part of history with us! Refreshments will be served.

Location: St John Church: 28591 County Rd 7, Idalia, CO 80735 When: 6:00 pm, October 20th, 2022

JUNIOR HIGH DODGEBALL CHAMPIONS



Grady Lengel, Beckett Kite, Jace Morris, Paige Terrell, Rebecca Whomble, Kayla Northrup





On Tuesday October 4th, we invite com-

munity members to join us on our monthly walking school bus. Meet us on the north side of Valley Stock Farm at 7:40 AM to meet the school buses and walk together to school. For those who want to bike to school, bring your bicycles to the north side of Valley Stock Farm at 7:40 AM as we ride together to school. Bikes will be parked in the tennis courts where they can be picked up after school. Bikes cannot be taken on the bus.





THANKSGIVING LUNCHEON THURSDAY, NOVEMBER 3RD

Volunteers are needed to put on this memorable event! Please contact Kelli Kite if you can help! 970-396-9441 or kitek@idaliaco.us

- Setup @ 10:30 am
- •K-2nd @ 11:00 am
 - 3rd–5th @ 11:40 am
- 6th-8th @ 12:15 pm
- 9th-12th @ 12: 33 pr
- Clean-up @ 1:00 pm

Be sure to RSVP with the school to eat with your child!



For anyone who has attended a home football game this fall, you may have noticed the brand new scoreboard just beyond the east end zone. This scoreboard was donated by the Kenneth and Ethel Powell Trust of Wray. The Idalia School and athletic department would like to extend a heartfelt thanks to not only the Powell Trust, but also the many individuals who helped assemble and mount the new scoreboard, including Justin Hardwick, Jim Pfieler, and Jeremy Juhnke. Thanks and Go Wolves!



For every touchdown our high school football team scores this season, Case-Central Plains Equipment is donating \$25 to Idalia's Athletic Department. So far, Case has donated over \$200 with more than half the season still to come! Thank you Central Plains Equipment



Nutrien Ag Solutions[®]

In early August, Steve Sackett, on behalf of Nutrien Ag Solutions delivered over one thousand bottles of water to Idalia School as a donation to our concessions sales. Thank You Steve and Nutrien Ag Solutions!





Homecoming Royalty 2022





2022 Homecoming King and Queen Eduardo Estrada and Jenna Wieser







Homecoming Royalty Candidates King Candidates: Kye Towns, Eduardo Estrada, and Cade Richards

Queen Candidates : Naidelin Estrada, Jenna Wieser, and Raquel Lieurance







High School Athletes—Keeping Stress at Bay

The life of a high school athlete is bursting with activities and responsibilities from pre-dawn to post-dusk. Chores before the sun comes up, long days at school, long practices, extra-curricular activities, and never-ending homework can cause anxiety in the most composed teenager. Its no wonder that many report back to their families once they go to college that their schedule is much easier than what they managed at home!

However, high schoolers don't have to drown in their schedules; the P.E.R.F.E.C.T. method, an acronym developed by Ohio State University sports psychologist Steve Graef, helps athletes (and parents alike) manage stress, reduce postperformance negativity, and put the FUN back in sports and life.

P - POSITIVE SELF-TALK

By building yourself up, you increase your confidence, necessary to achieve success. Tell yourself "You've got this," or "No problem, keep going," after a mistake. Daily affirmations or mental reminders help build new pathways in the brain and help you learn to speak (and think) more optimistically.

E – EMBRACE ADVERSITY

Tough things happen in life but remember that Excellence requires Effort. You improve in those tough moments, while recognizing challenges as opportunities to grow will help you to succeed.

R – REVERSE ENGINEER

Remember times when you performed your best and recall details which you can recreate. What made you feel confident—your lucky socks, a specific pre-game ritual? Work backward to find the steps to get you to that feeling again.

F - FOCUS ON THE NOW

Be in the moment. Focus on what you are doing right now and not the mistakes you made in your last performance. What are 3 ways you can reduce pre-performance jitters? Dwelling on those mistakes will put you off your game, so be mindful of your thoughts and focus on keeping your attention to the here and now.

E – EVOLVE

Keep diversifying your life and trying new things will help you to grow. By investing in multiple endeavors, even if one aspect of your life isn't going well, its not the end of the world.

C – CHILL OUT

After sports, you need both physical and mental restoration. Whether it be deep breathing, yoga, or even playing video games, find something that releases tension and allows your mind to mind reset.

T – TALK IT OUT

Friends, parents, coaches, and teachers can help guide you through some tough struggles. Just getting an issue off your chest can be beneficial, allowing you to leave a bad experience in the past.

The next time you are dealing with sports stress or anxiety, remember that you don't have to **BE** perfect, you only have to **THINK** P.E.R.F.E.C.T.!!

Lynne Cody, Idalia Health & Wellness Committee

Each month we will challenge students to find and answer a question in the monthly article. The first 10 students to give the answer to Mrs. Kite will receive a prize!





Wolf on the Loose!



This month's Wolf on the Loose celebrates one student's giving spirit and dedication to our local community. Sophomore Tate Towns is a lifelong member of the Beecher Island Church and has helped in many aspects throughout his childhood. Nominator Kristi Hurlburt says, "He's helped with anything we ask him to do since he was old enough to help." In the past few years, Tate has stepped into a leadership role at the Beecher Island Church's annual Vacation Bible School, helping with all aspects of the program, including overseeing the skits, helping to organize and run the games, managing the sound system, and assisting teachers with the younger kids.

Tate's favorite subjects in school are history and Spanish, and his favorite teachers are Mr. Weirich, Mrs. Garton and Mrs. Ramseier. When he is not helping at the church or at school, Tate enjoys helping his dad and brothers on the family farm. Tate has clear-cut plans for the future. When he graduates from Idalia High School, he would like to attend Kansas State University to study agricultural technology. After college graduation, Tate sees himself with his KSU degree and back on the family farm, working together with his family to preserve the family farming tradition.

When asked about his experience and support of the Beecher Island Church and Vacation Bible School, Tate stated that the best part of helping at VBS each summer is seeing the smiles on the little kids' faces when you spend time with them. He finds it rewarding to get to know them and learn about what activities they like. The Idalia community is proud of community service leaders like Tate! As future leaders, Idalia students are active both in and outside of the school environment. Each month the Wolfview will feature a student who excels in the community, either through athletic, academic, competitive, educational, or civic activities. Parents and community members—if you know of a member of our WolfPack who is doing great things outside of school, let us know! Send details to knlcody@yahoo.com -- we want to see your student as the next "Wolf on the Loose!"







THURSDAY

Wolf Pride Day and Anything But a Car









FFA HAPPENINGS



In the month of September, the freshman ag class when to Brush for the BIG Conference. They got to expand their knowledge within FFA. They also went to the District Greenhand workshop in Liberty and participated in different activities there. The sophomores went to District Range Judging in Prairie where they identified range plants. In October, the freshman will have Chapter Creed Speaking and we will start Pals. The sophomores will also go to State Range Judging in October. Some freshman along with other FFA members will be going to National FFA Convention in Indianapolis, Indiana.

FBLA NEWS

Four of our chapter FBLA officers attended the CTSO Leadership Conference in Brighton on Tuesday, September 13. The Attendees were Naidelin Estrada (President), Raquel Lieurance (Vice President), Callie Richards (Reporter), and Kiersten Wingfield (Secretary). We attended different workshops hosted by the different Colorado CTSO state officers. We learned important skills about engaging with our chapter, holding a leadership position, and working with a team. We also met up with our own state officers, Samantha Heath (District 3 state officer) and Kyndal Richards (Vice President of Progress) who were presenting workshops. We wrapped up with a guest speaker showing us activities and games to learn about teamwork and leadership.

Idalia School 2022 Homecoming Word Asassin Champions

Jenna Wieser & Alma Cordova





The Idalia 4-H club will have their first meeting of the new year SUNDAY, OCTOBER 16TH. There is a time change for this meeting! The meeting is at 2:00pm at the Homestead followed by fall trash pick-up. We should be finished in time for all to attend the annual 4-H achievement night at 4:00pm in Vernon. Any child can join if they're age 8 by December 31 or older.



Each year, the Colorado Association of School Boards (CASB) recognizes outstanding Board members across the State with the McGuffey Award. This year, Jessica Towns was selected as a McGuffey recipient. Jessica has served on Idalia RJ-3's Board since 2015. A strong student advocate, Jessica has made countless positive contributions to Idalia's school and community. Jessica is a former teacher, and along with her service to the Board, she also serves as a substitute teacher and volunteers her time as a school photographer. Idalia is a better place due to Jessica's involvement and her strong passion for students. Congratulations on your well-deserved recognition Jess!





September Board Meeting Minutes

On September 28th, the board meeting was called to order at 6:30pm. Those in attendance included Board Members Amber Hardwick, Jessica Towns, Dustin Weyerman, Ross Morris, Andy Richards, Superintendent Myles Johnson, Assistant Principal Kristi Minor, Business Manager Autumn Helling, and guest Scott Szabo of Lauer, Szabo, and Associates. Following the Pledge of Allegiance, the agenda was approved. Next, the August 24th minutes were approved. During "Comments from the Audience", Scott Szabo presented the 2021-22 Financial Audit. The Business Service Reports were then presented and approved. Mrs. Minor then provided her Principals Report, where she briefed the board on student discipline and attendance issues to date, along with recapping recent Accountability Meeting and Principal Cluster meetings. Mr. Johnson then gave his Superintendent's Report, in which an overview of the school year to date, along with upcoming policy and ballot measures were discussed. Under "Discussion/Action Items", the Board approved the 2021-22 Financial Audit as presented. The Board approved the purchase of a new bus. Next, the Board approved a resolution to opt out of FAMLI. The Board then approved a resolution to increase the school's credit card limit with First Pioneer National Bank. Under "Policy", the Board approved updated policies BEC, GBEA, JFBA, and JFBB as required by law. The meeting was adjourned at 7:45pm and next meeting was set for October 19th at 6:30pm.



The Idalia School Library will be hosting a Scholastic Book Fair October 10th to October 17th. The Fair will be in the Elementary Flex area

during regular school hour and during Parent-Teacher Conferences. Profits earned from the Fair will be used to purchase books for the Library.



<u>See You At The Pole</u>

On September 28th Idalia students, teachers, and parents met on the football field for an uplifting experience. Many students participated in praying for their school, community, country, and world. This event brought the community together in fellowship and hope. See You At The Pole participants worshipped with the Beecher Island worship team, who provided some fantastic music. To make the moment even more special, many of the moms brought in delicious treats for breakfast!



Girl	Grade
Mother/Guardian	Phone
Additional Girl	Grade BEUD BU OCTOBED HET
	RSVP BY OCTOBER 11TH

Please enclose & make payment to Idalia School. Amount Enclosed ____

Idalia Breakfast Menu October 2022

A selection of milk offered daily-----Fruit and juice offered daily-----A variety of cereal offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Waffles Scrambled eggs	4 Breakfast Pizza	5 Bacon egg & cheese biscuit	6 Banana Bread Breakfast casserole	7 No school
10 Muffin	11 Breakfast burrito	12 Biscuits & gravy	13 Pancake on a stick yogurt	14 No School
17 Waffles Scrambled eggs	18 Breakfast Pizza	19 Bacon egg & Cheese biscuit	20 Banana Bread Breakfast Casserole	21 No School
24 Muffin	25 Breakfast burrito	26 Biscuits & gravy	27 Pancake on a stick Yogurt	28 No School
31 Waffles Scrambled eggs				

Idalia Lunch Menu October 2022

Chocolate milk one day a week Fruits and vegetables offered daily----A selection of milk is offered daily ----Menu is subject to change MONDAY TUESDAY Wednesday THURSDAY FRIDAY Spaghetti Chili 5 PBJ sandwich Shredded Pork No school 3 4 7 6 w/meat option Breadstick chicken salad Tacos salad bar chips & salsa salad bar baked chips Salad bar salad bar/dessert 10 Chicken rice bowl 11 Lasagna 12 Pulled pork 13 Beef Burrito 14 No school salad bar Garlic Bread sandwich Green Chili Refried Beans Salad bar Baked beans Salad bar salad bar / dessert 20 Beef Tostada 17 Chicken strips 18 Cheesy nachos 19 Corn Dog 21 No School coleslaw w/ground beef Broccoli salad Refried Beans salad bar Salad bar Salad Bar/ Dessert Salad bar 24 Chicken Nuggets 25 Pizza 26 HB/CB 27 Chicken Fried Steak 28 No School Green Beans Fries Corn Mash Salad bar Salad Bar potatoes/Gravy Salad Bar Salad bar/dessert 31 Ham Sandwich Baked chips Salad Bar

Idalia School District RJ3 26845 County Road 9.2 Box 40 Idalia, CO 80735

IDALIA MISSION STATEMENT	
dalia School District RJ-3 will provide	<i>'</i> ide
sach child the knowledge, skills, and	and
qualities to become productive citizens	ens
upon graduation	

October 2022

