VOLEVIEW

Idalia School District RJ3 26845 County Road 9.2 Idalia, CO 80735

www.idaliaco.us Volume 29, 2nd Edition





Kaitlyn is a 14-year-old Freshman and High Honor Roll student. Kaitlyn's favorite subjects are agriculture, math, and English. Kaitlyn names Mrs. Vlasin, Mrs. Ramseier, and Mr. Brown as her favorite teachers. Some of Kaitlyn's hobbies and interests outside of school include "spending time with family and friends, being outside, reading, dancing, and seeing new places." Kaitlyn names her parents (Janessa and Kevin) as her role models and states, "My parents are hardworking and compassionate. I love to spend time with them and am very thankful for all they do." Kaitlyn shared that a "Fun-Fact" about herself is, "I have always loved to skate, whether that be roller or ice skating. Also, I have recently discovered I have a passion for skiing."

When asked to discuss an accomplishment that she is proud of, Kaitlyn responded, "I am proud that I achieved High Honor Roll throughout junior high." When asked to discuss a future goal, Kaitlyn stated, "I plan to go to college and hopefully become either an engineer or interior designer." A piece of advice Kaitlyn offers her classmates is, "There is no time like the present, give everything you have and take in what's around you." Mr. Johnson states, "Kaitlyn is a wonderful young lady who is thriving both in and out of the classroom. She is a straight A student and has consistently been one of our school's highest achieving performers on assessments. She is involved with athletics, FFA, FBLA, FCA, and other extracurriculars. Anyone who knows Kaitlyn knows she is about as solid of a person you will ever come across. She is extremely polite and friendly and her quiet, genuine personality is even keeled as she never waivers from her values. She is a great friend to many and a true leader by example for our younger students. Our school is very fortunate to have students like Kaitlyn and we can't wait to witness all your future success! Congratulations on being named Student of the Month, Kaitlyn!"

OCT

2024

Superintendent's Update

Already one month into the school year, it is amazing to see all the great things happening in our school. Days ago, the Colorado Department of Education (CDE) released their District Performance Frameworks (DPF). Taking key measures from academic growth, academic achievement, and post-secondary readiness, each of the 179 School Districts across the State of Colorado received one of five rankings. For the 2nd consecutive year, Idalia achieved the highest possible ranking of "Accredited with Distinction". Fewer than 10 percent of the school districts across the state achieved this, and just four school districts in all of Eastern Colorado are considered "Distinct." When you have an outstanding teaching staff, paired with hardworking, intelligent, and capable students, while also receiving encouragement and support from parents at home, there is no surprise that Idalia ranks among the state's best. Beyond our students' impressive academic achievements, they are thriving in other areas. When this goes to print, our high school football and volleyball teams have a combined, unblemished record of 12-0, with both teams being ranked top 4 in their respective divisions. Our Junior High football and volleyball teams are also off to fantastic starts. Research has consistently shown that students being involved and connected are vital to a healthy school culture. This year at Idalia, student participation in extracurricular is at an all-time high, with over 90% of our secondary students being involved in either a sport and/or club (FFA/FBLA/Student Council). Lastly, in a measure you can't judge by an - assessment score or points on a scoreboard - our students' behavior, attitude, and work-ethic continue to make us proud. We have an incredible student body who collectively are achieving great things, and together they have the school year off to an awesome start.

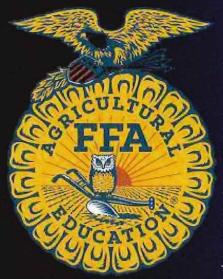
Save The Date

PARENT-TEACHER CONFERENCES WILL BE HELD ON THURSDAY, OCTOBER 24TH FROM 4-6PM.

*Elementary (K-5) teachers typically schedule time slots in advance while JH/HS staff do walk-ins - but please reach out to your child(ren) teachers in advance if you have any questions.



This year, students in grades K-5 will be competing to collect candy for our service members. In addition, students are invited to write letters to our troops to be sent with the candy. Letterhead will be provided to teachers for students to use in corresponding with service men and women. Candy and letters will be collected between November 4th through 13th. If you have any questions, please contact a Health & Wellness committee member.



The month of September was an exciting one, specifically for all of Idalia's new FFA members. On Monday, September 9th, the freshman FFA members attended the annual Greenhand Conference at Woodland High School to learn more about how they can become involved in FFA. The theme for this year's Greenhand Conference was "Engagement." The class participated in activities that helped them work on their teamwork and active listening skills. Idalia's very own district officer, Krista Wieser, helped run the conference. The freshman class has also spent this month learning the FFA Creed to prepare for the upcoming Creed speaking Night, where they will officially earn their FFA jackets.







Idalia High School

High School FBLA

This month, FBLA members have accomplished many amazing things. They've paid their dues, and the FBLA t-shirts were completed. Additionally, fundraising began for the yearly field trip. To raise money, they sold cookie dough, cheesecakes, pies, etc. Events and work nights were also recently started. Members have begun studying and preparing for the district conference in February. Overall, it's been a great month for FBLA.

September FBLA Member of the Month – Tatum Soehner

The start of every school year is always a little hectic and fast-paced for teachers, parents, and especially the students. Everyone is working to adjust to the new schedule that school brings. However, one student within our FBLA Chapter has shown the most hustle and gumption this year so far, and that student would be Tatum Soehner.

Tatum is our chapter's secretary/treasurer as well as a member of FFA and a player on the volleyball team. She is a junior here at Idalia High School and has shown an incredible amount of activity in FBLA this month. As busy as she seems to be with all her activities, she still manages to get everything done in a timely fashion. Tatum had her Summer Starters finished and submitted the same day they were handed out and she garnered lots of sales for our fundraiser this year. She is always prepared and on top of things, ready to get stuff done and lend a helping hand.

Way to go Tatum! Your hard work and dedication does not pass us by!

Middle Level FBLA

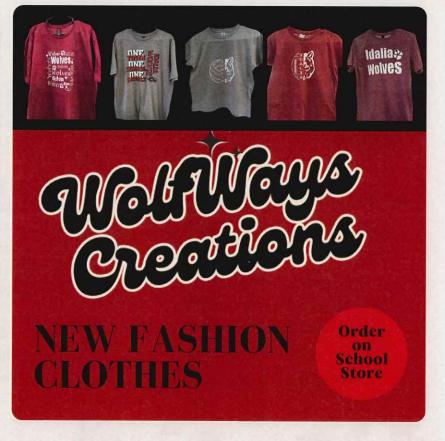
Middle Level FBLA has elected their new offices: Bristol Weyerman as President, Albert Keller as Vice President, Kayla Northrup as Secretary, Kaden Terrell as Treasurer, and Peyton Terrell as Reporter. So far, we have begun exploring the options in tests and presentations, as well as developing leadership and speaking skills.

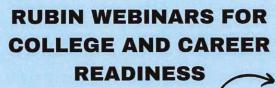


September Board Meeting Minutes

On September 18th, the board meeting was called to order at 6:00 p.m. Those in attendance included board members Amber Hardwick, Dustin Weyerman, Ross Morris (via Conference Call), Andrea Louthan, Superintendent Myles Johnson, Assistant Principal Kristi Minor, Business Manager Autumn Helling, and audience member Scott Szabo of accounting firm Lauer, Sbazo and Associates. Following the Pledge of Allegiance, the agenda was approved. Next, the August 21st minutes were approved. During "Comments from the Audience," Scott Szabo summarized his 2023-24 financial audit of the school district, in which he praised the Idalia office staff for how clean it was. The Business Service Reports were then presented and approved. Mrs. Minor then provided her Principal's Report, in which she shared student discipline and attendance summaries to date. Mr. Johnson then provided his Superintendent's Update, in which he reported no interest was received for the vacant board position and therefore the board will operate with four members until the November 2025 Election. He also shared that Idalia received the highest possible ranking from CDE, and is one of just four school districts in Eastern Colorado to receive such distinction. Under "Discussion/Action Items," the board approved the 2023-24 Financial Audit as presented. The board also approved purchase of a new micro-bus, which will be delivered in late September. Under "Policy," the board approved required updates to policies ACA, IKF, IKFB, JICA, JICDE, and JIH. The meeting was adjourned at 6:30 p.m., and next meeting was set for 7 p.m. on October 16th.







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Mrs. Kite's 6th graders have been working hard on recycling in our school! It's a big process that needs a lot of help from our school and community. A couple things to remember:

- 1. Only plastic bottles & containers in the plastic recycling bins! No wrappers, no baggies, no paper, no milk cartons, no trash, no food, no styrofoam! Please!
- 2. We have ONE recycling bin that will take bottles and cans! Please pay attention!





FBLA will be switching from producing an ad based calendar to a community calendar only.



If you want a 2025 community calendar, contact the school or email Janet Brophy at brophyj@idaliaco.us



Each art student from K - 12 will be taking one piece of artwork to the Yuma Art Show Oct. 12 - 16th.

High school art students are working on projects that will be entered in a "Miniature Juried Show" Nov. 2 - Nov. 30th at the Hardt Gallery in St. Francis.

Middle School art students are working on the "International Lions Club Peace Poster" that will be on display and judged at the Idalia school Oct. 30th.

Youth Mental Health First Aid Training Community Members Welcome!

Youth Mental Health First Aid Training will be offered at the Idalia School on November 22nd from 9 to 4. The training has limited seats. Please contact Caprise Cominiello at cominielloc@idaliaco.us or 970-354-7298 ext. 209 if you are interested in attending.

WHY YOUTH MENTAL HEALTH FIRST AID?

Youth Mental Health First Aid teaches you how to identify, understand and respond to signs of mental health and substance use challenges among children and adolescents ages 12-18.

10.2%

of youth will be diagnosed with a substance use disorder in their lifetime. Source Youth Mental Health First Aid** 1 IN 5

teens and young adults lives with a mental health condition. Source National Allance for Montal lifness* 50%

of all mental illnesses begin by age 14, and 75% by the mid-20s. Source Archives of General Psychiatry***

WHO SHOULD KNOW MENTAL HEALTH FIRST AID?

- Teachers.
- School Staff.
 Coaches.
- Camp Counselors.
- Youth Group Leaders.
- · Parents.
- Adults who Work with Youth.

WHAT MENTAL HEALTH FIRST AID COVERS

- Common signs and symptoms of mental health challenges in this age group, including anxiety, depression, eating disorders and attention deficit hyperactive disorder (ADHD).
- Common signs and symptoms of substance use challenges.
- · How to interact with a child or adolescent in crisis.
- · How to connect the youth with help.
- Expanded content on trauma, substance use, self-care and the impact of social media and bullying.

THREE WAYS TO LEARN

- In-person (and Edition) Learners receive their training during a 6.5-hour, Instructor-led, in-person session.
- Blended Learners complete a 2-hour, self-paced online course, and participate in a 4.5- to 5.5-hour, Instructor-led training. This Instructor-led Training can be:
 - A video conference.
 - An in-person class.

Learn how to respond with the Mental Health First Aid Action Plan (ALGEE):

- ssess for risk of suicide or harm.
- isten nonjudgmentally.
- ive reassurance and information
- ncourage appropriate professional help.
- ncourage appropriate professional neip.

 Incourage self-help and other support strategies.

Sources

* National Alliance on Mental Illness. (n.d.). Kids. http://www.national/violenses.org/Violenses.

* Mental Health First Aid. (2020). Mental Health First Aid USA for adults usisting children and youth. National Council for Mental Wellbeing.

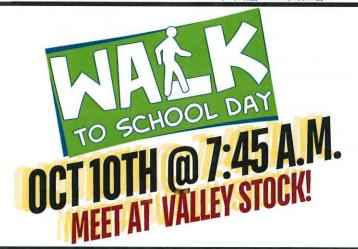
*** Kessler, R., Berglund, P., Demler, O., Jin, R., Meikangas, K.R., Wahers, E.E. (2005, June). Utetime prevalence and age-of-onset distributions of DSM-IV disorders in the National Commobility Survey Replication. Archives of General Psychiatry. 62(6): 001–003. doi: 10.1001/archives-62.6.01



For questions about the visit reach out to Miss Caprise!

Arrive at Yuma to Meet Idalia Bus 6:30

Return to Idalia at 7:30





The Idalia Cheer team learned the value of community service while serving concessions at the Midway Theater in Burlington. They exhibited hard work and provided customer service while serving popcorn, drinks, pretzels, nachos, candy, and even smoothies! Fun times were spent laughing and talking while serving our community. Thank you, Midway Theater, for the amazing opportunity, and we can't wait to do it again!



HOMECOMING SCHEDULE AND ACTIVITIES 2024

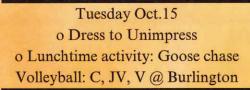




Monday Oct. 7
o Word assassin starts
Thursday Oct. 10
o Ultimate Assassin begins
o HIGH SCHOOL ONLY



Monday Oct. 14 o Jersey/Hat/Sucker Day o Lunchtime activity: Goose chase Ultimate Assassin ends



Wednesday Oct. 16 o Dress-Neon Glow Day o Lunchtime activity: Ice cream social

Thursday Oct. 17 o Dress as Parent's Senior Picture o Lunchtime activity: Word Assassin Final Volleyball: JH, JV, V @ Kit Carson

Friday Oct. 18

Volleyball: JH, JV, V

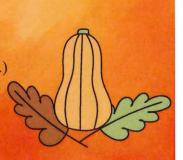
@ Halftime, Varsity Football Royalty Crown Ceremony

Football: JH, V

Saturday Oct. 19
Homecoming dance
Formal Pictures by Shelby K Marketing (8:30 p.m. to 9:30 p.m.)













Idalia Breakfast Menu October 2024

A selection of milk offered daily-----Fruit and juice offered daily-----A variety of cereal offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Ham & cheese croissant smoothie	2 Breakfast Round yogurt Parfait	3 Banana Bread breakfast casserole	4 No School
7 Pancakes Scrambled eggs	8 Biscuit & gravy smoothie	9 Bagel w/cream cheese	10 Breakfast pizza yogurt	11 No School
14 Muffin omelet	15 Ham & Cheese croissant smoothie	16 Breakfast round yogurt parfait	Banana bread breakfast casserole	18 No School
Pancakes Scrambled eggs	22 Biscuit & gravy smoothie	23 Bagel w/cream cheese	24 Breakfast pizza yogurt	25 NoSchool
28 Muffin omelet	29 Ham & Cheese croissant smoothie	30 Breakfast round yogurt parfait	31 Banana bread Breakfast casserole	



Idalia Lunch Menu October 2024

Fruits and vegetables offered daily----A selection of milk is offered daily ----Menu is subject to change

MONDAY TUESDAY		Wednesday	THURSDAY	FRIDAY	
	Tacos Roasted corn Salad Bar	PBJ sandwich chicken salad/baked chips Salad Bar	3 Chicken Fajitas arroz con elote Salad Bar/Dessert	4 No School	
7 Corn dog fiesta bean salad Salad Bar	BeefBurrito w/green chili/refried beans Salad Bar	Chicken strips roasted vegetables Salad Bar	10 Shredded pork tacos chips & salsa Salad Bar/Dessert	11 No school	
14 Chicken sandwich baked beans Salad Bar	15 Cheesy nachos w/ground beef Salad Bar	16 Southwest chicken rice bowl Salad Bar	17 Beef Tostada refried beans Salad Bar/Dessert	18 No school	
21 Chicken Nuggets Baked Potato Salad Bar	22 BakedZiti breadstick Salad Bar	23 HB/CB fries Salad Bar	24 Chicken fried steak mash potatoes/gravy/roll Salad Bar/Dessert	25 No school	
28 WalkingTacos salad bar	29 ChickenAlfredo Garlic bread saladbar	30 Hamsandwich baked chips salad bar	green beans salad bar/dessert	Chocolate milk one day a week	

IDALIA MISSION STATEMENT Idalia School District R-J3 will provide each child knowledge, skills, and qualites to become productive citizens upon graduation

2024

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 JH/HS VB vs Lone Star JH/FB vs Lone Star	4 JH/HS VB/FB vs Arickaree at Woodlin	5
6	7 Picture Retakes	8 JH/HS VB @ Bethune	9 FFA State Range Judging	10 JHVB B vs C JH/HS VB/FB vs Genoa-Hugo	11	12
13	14 Homecoming week	15 HSVB @ Burlington	16 School Board meeting	17 JS/HS VB @ Kit Caron	18 JH/HS VB/FB vs Otis	19 Homecoming Dance
20	21 FBLA Pumpkin Painting	22 HSVB @ Haxtun	23	24 National FFA Parent teacher confrences	25 Convention HS VB/FB @ Fleming	26
27	28 JH VB Tournament @ TBD	29	30	31		